



ACBTA 2024 NEW DELHI SCIENTIFIC PROGRAM

1ST ASIAN TRAUMA CONCLAVE & PRE-CONGRESS WORKSHOPS 28TH FEBRUARY 2024 (WEDNESDAY)

08:30 – 09:30 AM	REGISTRATION & MORNING TEA	FOYER AREA
09:30 - 10:30 AM	<p>OPEN PAPER SESSION 1 - Trauma-focused CBT Interventions in sub-clinical & clinical population.</p> <p>A Randomised Controlled Trial of The Effectiveness of Group Cognitive Behavioural Therapy on Depression, Negative Automatic Thoughts, Anxiety, Self-Esteem and Anger Among Adolescents in Shelter - <i>Ding Wai Eng, Firdaus Mukhtar, Hamidin Awang, Lye Mui Sann. Universiti Putra Malaysia, Malaysia</i></p> <p>The Adaptation and Efficacy of TF - CBT to Improve Post-Traumatic Stress Disorder, Depression and Social Cognitive Abilities among Adolescents in Residential Care Facilities in Malaysia - <i>Firdaus Mukhtar, Liza Hartini Rusdi, Nor Sheereen Zulkefly. Universiti Putra Malaysia, Malaysia</i></p> <p>ASSIST: A proposed modular intervention plan for treatment of the cPTSD-EUPD continuum - <i>Rayani Dessa. Parth Sharma. Cadabams Group, Bengaluru, India.</i></p> <p>Psychological capital as Predictor of post traumatic growth in individuals with adverse childhood Experiences. - <i>Manisha Nath, Megha Kochhar. IILM University, Gurugram, India.</i></p> <p>Moving towards an Interoceptive Model: Trauma, Mind-Body Connection and Interoceptive Awareness as Predictors of Dissociative Disorder. <i>Amandeep Singh Garaya, Pooja Mahour, Bandana Gupta, Pawan Kumar Gupta, Manjistha Datta. SGT University, Gurugram, India.</i></p> <p><i>Psychological Interventions for Sexually Abused Adolescents: A Systematic Review.</i> <i>Shreya Kulshreshtha, Sujata Satapathy, Sagar R, Sharma R, Mahey Reeta. AIIMS, New Delhi</i></p>	<p>CONFERENCE HALL</p> <p><i>Chair: Dr. Swati Kedia, AIIMS</i></p>

<p>09:30 - 10:30 AM</p>	<p>OPEN PAPER SESSION 2 - Trauma Intervention in non-clinical populations.</p> <p>Cognitive Behavior Therapy for Post-disaster Distress Children in Rural Bangladesh - <i>Khondoker Mokaddem Hossain</i>. <i>Bangladesh University of Professionals, Bangladesh.</i></p> <p>Prolonged Grief & Perceived Stress Among College Students: Implications of Cognitive Behavioural Interventions - <i>Ananya Nag, Alifya Hussain, Shrestha Sen Gupta, Susmita Halder</i> <i>St. Xavier's University, Kolkata, India.</i></p> <p>Relationship between depression, anxiety, distress and somatization with duration of illness in caregivers of cancer patients - <i>Phurailatpam Rajluxmi Sharma</i>. <i>Ranchi Institute of Neuropsychiatry and Allied Sciences (RINPAS), Ranchi, Jharkhand, India.</i></p> <p>Romantic relationship break- up: Outline of a brief trauma intervention - <i>Maneesha Mohandas, L.N. Suman</i>. <i>NIMHANS Center for Well- Being, NIMHANS, Bengaluru, India,</i></p> <p>Loss and Grief focused CBT for Pregnancy Loss: A Hospital-based Double blind Randomized Control Trial - <i>Sujata Satapathy, Dharaa Gupta, Usha Devi, Shraddhesh Kumar, Vatsla Dadhwal, Kapil Yadav, Rajesh Sagar, Archana Kumari</i>. <i>AIIMS, New Delhi, India.</i></p> <p>Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for traumatic stress symptoms in parents of infants with chronic medical conditions: A single-subject, multiple baseline study. - <i>Sunthariya Leelasangsai</i>. <i>Queen Sirikit National Institute of Child Health, Thailand.</i></p>	<p>CMET HALL 1 (EDUCATION HALL)</p> <p><i>Chair: Dr. Thomas Kishore, NIMHANS</i></p>
<p>09:30 - 10:30 AM</p>	<p>OPEN PAPER SESSION 3 - Exploratory and non-CBT based studies.</p> <p>Exploring Parental Burnout and Its Impact on Psychological Capital of Working Women in India - <i>Pallavi Neogy, Megha Kochhar</i>. <i>IILM University, Gurugram, India.</i></p> <p>Cognitive distortions, Rape supportive attitude, and sexual fantasy among male prison inmates convicted for</p>	<p>CMET HALL 2 (TECHNOLOGY HALL)</p> <p><i>Chair: Dr. Vijay P. Barre, AIIMS</i></p>

	<p>rape - Apoorva Choudhary, Nitesh Kumar Jha, SGT University, India. SGT University, Gurugram, India.</p> <p>Thinking Aloud or Screaming Inside: Exploratory Study of Sentiment Around Work - Nuzhat Jahanara. University of Dhaka, Bangladesh.</p> <p>Efficacy of Eclectic Play Therapy on Lived Experiences of Children and Adolescents with Dissociative Disorders: A Mixed Method Intervention Study: A Pilot Study - Ankita Vijay Raipure. Central Institute of Psychiatry (CIP), Ranchi, India.</p> <p>Mediating role of Dysfunctional attitudes in the Relationship between Childhood trauma and Marital satisfaction - Chinu Agrawal. Feeling Minds, Agra, India.</p> <p>From trauma to growth: how narrative exposure therapy aided the healing journey of adolescent survivors of human trafficking in India - Sheeba Shamsudeen. Mahatma Gandhi Medical College and Hospital, Jaipur, India.</p>	
10:00 - 1:00 PM	<p>PRE-CONGRESS WORKSHOP – WS1 CBT for Trauma</p> <p>Prof. Lata K. McGinn Yeshiva University, New York, USA</p> <p><i>Chair – Prof. Firdaus Mukhtar</i></p>	RAMALINGAM SWAMY BOARD ROOM (DIRECTOR OFFICE)
10:00 - 1:00 PM	<p>PRE-CONGRESS WORKSHOP – WS2 CBT in Chronic Pain management.</p> <p>Prof. Zubaidah Jamil International Medical School, Management and Science University (MSU), Malaysia.</p> <p><i>Chair – Prof. Alvin Ng Lai Oon</i></p>	SET STUDIO 1 (CONVERGENCE BLOCK)
10:00 - 1:00 PM	<p>PRE-CONGRESS WORKSHOP – WS3 MBCT for Relapse Prevention in Depression.</p> <p>Meera Bahu South London and Maudsley NHS Foundation Trust, England.</p> <p><i>Chair – Krish Nath</i></p>	SET STUDIO 2 (CONVERGENCE BLOCK)

<p>10:00 - 1:00 PM</p>	<p>PRE-CONGRESS WORKSHOP – WS5 Cognitive Remediation Therapy</p> <p><i>Prof Dr Muhammad Najib bin Mohamad Alwi</i> <i>International Medical School, Management and Science University (MSU), Malaysia.</i></p> <p><i>Chair – Prof. Sujata Satapathy</i></p>	<p>LECTURE THEATRE 5 CONVERGENCE BLOCK BASEMENT</p>
<p>10:00 - 1:00 PM</p>	<p>PRE-CONGRESS WORKSHOP – WS21 CBT & early Intervention in Psychosis.</p> <p><i>Prof. Shanaya Rathod, Prof. Peter Phiri, Dr. Liz Graves</i> <i>University of Southampton, UK</i></p> <p><i>Chair – Dr. Pawel D. Mankiewicz</i></p>	<p>PHYSIOLOGY SEMINAR ROOM (TEACHING BLOCK)</p>
<p>10:30 - 11:15 AM</p>	<p>KEYNOTE LECTURE 1 Untangling Complex PTSD and PTSD: theory, diagnosis, and implications for clinical management</p> <p><i>Dr. James Courtney, Associate Professor, Academic & Clinical Psychologist, School of Psychology, Turner Institute for Brain & Mental Health. Monash University Melbourne Australia</i></p> <p><i>Chair: Prof. Shanaya Rathod, UK.</i></p>	<p>JLN AUDITORIUM</p>
<p>11:15 - 12:15 PM</p>	<p>INVITED PANEL DISCUSSION 1 -Education, Training, & Funding of Research on childhood trauma, mental illness and mental health services in Asian countries.</p> <p><i>Dr Neha Garg, Director, MOHFW, GOI</i> <i>Prof. Sujata Satapathy, AIIMS</i> <i>Dr Shaista Khan, NCPCR, GOI</i> <i>Yuriko Yanagi, National Center of Neurology and Psychiatry, Japan.</i></p> <p><i>Chair: Prof. Nimisha Kumar, SGT University</i></p>	<p>JLN AUDITORIUM</p>
<p>12:15 – 12:45 PM</p>	<p>INVITED TALK 1 Childhood Trauma and Common Mental Disorders.</p> <p><i>Prof. Rajesh Sagar, AIIMS</i></p> <p><i>Chair: Prof. Rajinder K. Dhamija, Director IHBAS</i> <i>Prof Rachna Seth, Pediatric, AIIMS.</i></p>	<p>JLN AUDITORIUM</p>
<p>12:45 - 01:15 PM</p>	<p>INVITED TALK 2</p>	<p>JLN AUDITORIUM</p>

	<p>Hypnotherapy adjunct Cognitive Behaviour Therapy for Trauma.</p> <p><i>Prof. Vibha Sharma, IHBAS, New Delhi</i></p> <p><i>Chair: Dr. Misari Oe, Japan</i></p>	
01:15 - 02:00 PM	LUNCH	FOYER AREA
02:00 - 02:30 PM	<p>INVITED TALK 3</p> <p>Somatic Experiencing and CBT for patients with complex PTSD.</p> <p><i>Keiko Tsuchida, Clinical Psychologist, Osaka, Japan</i></p> <p><i>Chair: Krish Nath, UK</i></p>	JLN AUDITORIUM
02:00 - 05:00 PM	<p>PRE-CONGRESS WORKSHOP – WS6</p> <p>Assessment, diagnosis, and clinical considerations for Post-Traumatic Stress Disorder (PTSD) and Complex PTSD.</p> <p><i>Associate Prof. James Courtney Monash University, Australia.</i></p> <p><i>Chair – Prof. Sujata Satapathy, AIIMS, New Delhi</i></p>	RAMALINGAM SWAMY BOARD ROOM (DIRECTOR OFFICE)
02:00 - 05:00 PM	<p>PRE-CONGRESS WORKSHOP – WS7</p> <p>Implementing Transdiagnostic CBT for Emotional Disorders in Group and Individual Formats.</p> <p><i>Prof. Peter Norton The Cairnmillar Institute, Australia.</i></p> <p><i>Chair – Prof. Lata K. McGinn, USA</i></p>	CONVERGENCE BLOCK COMMITTEE ROOM (PHYSIOLOGY)
02:00 - 05:00 PM	<p>PRE-CONGRESS WORKSHOP – WS8</p> <p>Engaging depressed adolescents using Brief Behavioural Activation (Brief BA).</p> <p><i>Prof. Shirley Reynolds The Stavros Niarchos Foundation Global Center for Child and Adolescent Mental Health at the Child Mind Institute, UK.</i></p> <p><i>Chair – Prof. Najib Nin Alwi, Malaysia</i></p>	SET STUDIO 1 (CONVERGENCE BLOCK)
02:00 - 05:00 PM	<p>PRE-CONGRESS WORKSHOP – WS9</p> <p>Culturally sensitive CBT for psychosis (CBTp): Key conceptualization models and clinical competencies.</p> <p><i>Dr. Pawel D. Mankiewicz National University of Singapore.</i></p>	SET STUDIO 2 (CONVERGENCE BLOCK)

	<i>Chair – Prof. Ritu Sharma, PDEU, Ahmedabad</i>	
02:00 - 05:00 PM	<p>PRE-CONGRESS WORKSHOP – WS4 CBT for Anxiety</p> <p><i>Prof. Firdaus Mukhtar</i> <i>University Putra Malaysia.</i></p> <p><i>Chair – Prof. Zubaidah Jamil, Malaysia</i></p>	PHYSIOLOGY DEMONSTRATION ROOM
02:30 - 03:15 PM	<p>KEYNOTE TALK 2 Advancing Trauma-Focused Cognitive Behavioral Therapy in Diverse and Challenging Asian Contexts.</p> <p><i>Meera Bahu</i> <i>Senior Clinician/CBT therapist, IPT, EMDR and MBCT trained</i> <i>South London and Maudsley NHS Foundation Trust. England.</i></p> <p><i>Chair: Prof. Vibha Sharma, IHBAS</i></p>	JLN AUDITORIUM
03:15 - 03:45 PM	<p>INVITED TALK 4 CBT for Patients with PTSD in Japan: ideas to facilitate dissemination.</p> <p><i>Dr. Misari Oe, Associate Professor, Kurume Univ, Japan</i></p> <p><i>Chair: Prof. T.B. Singh</i></p>	JLN AUDITORIUM
03:45 – 04:15 PM	<p>INVITED TALK 5 CBT in low resource settings: Challenges and solutions.</p> <p><i>Prof. R.K. Chadda, President, World Association of Social Psychiatry.</i></p> <p><i>Chair: Prof. Alvin Ng Lai Oon, Sunway Univ. Malaysia</i></p>	JLN AUDITORIUM
04:15 – 05:00 PM	<p>OPEN SYMPOSIUM 1 Using CBCT for treating trauma experienced in relationships: an Individual and conjoined therapy.</p> <p><i>Chinu Agrawal, Tanu Choksi, Shweta Puri.</i> <i>Feeling Minds, Agra, India.</i></p>	JLN AUDITORIUM
04:15 – 05:00 PM	OPEN SYMPOSIUM 2	

	<p>Understanding Diverse Psychopathology through Trauma Lens.</p> <p><i>Sampurna Chakraborty, Susmita Halder (Chair), Ritwika Nag, Sneha Das, Sheeba Shamsudeen.</i> <i>Amity Institute of Behavioural Health & Allied Sciences (AIBHAS), Amity University, Noida, India.</i></p>	CONFERENCE HALL
04:15 - 05:00 PM	<p>OPEN SYMPOSIUM 3 Working with Complex Trauma and Dissociation.</p> <p><i>Adithy, Gayitri Bhatt, Sukanya Ray</i> <i>Independent Practitioner, Pune, India.</i></p> <p><i>Chair: Dr. Prasanta Roy, Institute of Psychiatry, Kolkata</i></p>	CMET HALL 1 (EDUCATION HALL)
04:15 - 05:00 PM	<p>OPEN SYMPOSIUM 4 PTSD, Depression, Anxiety & Self-harm in Adolescents in Living in Identified Crime Zones: An Outline of a School-based Trans-diagnostic CBT Intervention Module for Adolescents.</p> <p><i>Renu Sharma, Silky Arora, Neeraj, Sujata Satapathy</i> <i>AIIMS, New Delhi, India.</i></p>	CMET HALL 2 (TECHNOLOGY HALL)
05:00 - 05:45 PM	<p>OPEN SYMPOSIUM 5 Understanding Borderline Personality Vulnerabilities through a Trauma-informed Lens: Implications for Conceptual Frameworks, Assessment and Treatment.</p> <p><i>Poornima Bhola, K. Dharani Devi, Kanika Mehrotra.</i> <i>National Institute of Mental Health and Neuro Sciences, Bengaluru, India.</i></p> <p><i>Chair: Prof. Manju Mehta</i></p>	JLN AUDITORIUM
05:00 - 05:45 PM	<p>OPEN SYMPOSIUM 6 Beyond Grief: Designing Cognitive Behaviour Therapy Interventions for Suicide Loss Survivors.</p> <p><i>Chittaranjan Behera, Ruchika Kaushik, Prachi Shukla.</i> <i>Dept. of Forensic medicine & Toxicology</i> <i>Sujata Satapathy, Dept. of Psychiatry</i> <i>AIIMS, New Delhi, India.</i></p> <p><i>Chair: Prof. Chittaranjan Behera, AIIMS</i></p>	CONFERENCE HALL
05:00 - 05:45 PM	OPEN SYMPOSIUM 7	CMET HALL 1

	<p>Cognitive behavioral perspectives in service deployment for forcibly displaced communities in humanitarian crisis.</p> <p><i>Muhammad Kamruzzaman Mozumder, Bangladesh Bangladesh Clinical Psychology Society (BCPS), Bangladesh.</i></p> <p><i>Chair: Adithy</i></p>	(EDUCATION HALL)
05:00 - 05:45 PM	<p>OPEN SYMPOSIUM 8 Transforming self-talk for healing.</p> <p><i>Manju Agarwal, Saima Ayyub, Arya Aravind. Amity University, Lucknow, India.</i></p> <p><i>Chair: Prof. Rachel Tribe, UK</i></p>	CMET HALL 2 (TECHNOLOGY HALL)
04:15 - 05:45 PM	<p>OPEN POSTER SESSION (Poster Numbers - 7, 30, 31, 34, 42, 50, 51, 54, 58, 66, 70, 73, 79, 80, 85, 91, 92, 100)</p>	FOYER AREA 1st Floor
05:45 - 06:00 PM	EVENING TEA	FOYER AREA
06:00 PM onwards	<p>SOCIAL PROGRAM Visit to Dilli Haat (For Invited guests)</p>	